

## FOR IMMEDIATE RELEASE

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## RHYTHM MAESTRO MICKEY HART PRESENTS NEW BOOK SPIRIT INTO SOUND: THE MAGIC OF MUSIC

Grateful Dead Legend Embarks on 15-City Book Tour in November

(San Francisco, CA)—Percussionist, author, student, teacher, social activist and the pulse behind the Grateful Dead, Mickey Hart, along with co-author and Professor of Ethnomusicology Fredric Lieberman, presents an original collection of quotes and commentary on the transformative power of music entitled *Spirit into Sound: The Magic of Music*. Through world travels, close relationships with music icons and extensive research into the music archives at the Library of Congress, Hart has collected excerpts from individuals as diverse as Plato, Iggy Pop, Henry David Thoreau, John Lennon, Loretta Lynn, Timothy Leary, Jim Morrison, Jimi Hendrix and Duke Ellington for his third book. In November, Hart will set out on a fifteen city tour to promote the book's national release.

Spirit into Sound is inspired by Hart's historical trip as the drummer of one of rock's most loved bands, The Grateful Dead, and his leadership of the Grammy Award-winning percussion ensemble Planet Drum. As he traveled the world while researching his previous books Drumming at the Edge of Magic and Planet Drum, Hart began covering studio walls with scrawled phrases and powerful insights about music which took shape as a glowing anaconda that had coiled itself along the walls. Hart's new book shares these musical gems that he unearthed from his travels, gems the anaconda has been protecting all these years. The attached quote sheet offers a taste of what readers will find in Spirit into Sound.

Hart comments, "This book is not a museum of old ideas, but rather a living interactive guide to the future. With this book we wanted to share the knowledge we have discovered in our ongoing research project in search of the Grail- the explanation for the connection between music and trance."

A continual student and connoisseur of rhythm, Mickey Hart has been an apprentice of music since birth. Throughout his 30 years with the Grateful Dead, Mickey produced and

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recorded with some of the greatest percussionists from around the world including his partners in Planet Drum, which won the first ever World Music Grammy award in 1991. In addition to creating scores and soundtracks to countless movies, Hart co-composed a major drum production for the Opening Ceremony of the Centennial Olympic Games in 1996. Hart also has two other books to his credit, *Drumming at the Edge of Magic* and *Planet Drum*.

Recently, Hart took his lifelong passion for music to a political platform when he was appointed to the Board of Trustees for the Library of Congress American Folklife Center where he heads a subcommittee to preserve and digitize the sound archives. Fredric Lieberman is a Professor of Ethnomusicology at the University of California, Santa Cruz. He co-authored *Drumming at the Edge of Magic* and *Planet Drum*.

Spirit into Sound: The Magic of Music is published by Acid Test Productions under the imprint Grateful Dead Books and will be distributed by Publishers Group West. Additional information on Mickey Hart and Spirit into Sound: The Magic of Music can be found at <a href="https://www.mhart.com">www.mhart.com</a>.

Mickey Hart is available for interviews and online chats. Review copies of *Spirit into Sound: The Magic of Music* are available upon request.

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