GAY BI-SEXUAL MEN

## FREE

## SUPPORT GROUP

INJECTION SPEED USAGE UN-SAFE SEX ACTIVITIES

MONDAYS and FRIDAYS 130 -300PM 30 HOUR COMMITMENT OVER 3 MONTHS

HAIGHT ASHBURY FREE CLINIC'S 565-1927 or 565-1907 ASK FOR BILL



HAIGHT ASHBURY VF

HAIGHT ASHBURY FREE CLINICS

## HIV & AIDS RISK REDUCTION SUPPORT GROUP

FOR GAY & BI-SEXUAL MEN WHO INJECT SPEED

- MEN WHO PARTICIPATE IN THIS GROUP ARE EXPECTED, IN A SAFE AND SUPPORTIVE ENVIRONMENT, TO LOOK AT THEIR BEHAVIORS THAT PUT THEM AT RISK OF CONTRACTING HIV OR AIDS, OR RE-INFECTING THEM-SELF WITH ANOTHER STRAIN, OR A MUTATION OF HIV
- MEN WHO PARTICIPATE IN THIS GROUP AREEXPECTED, IN A SAFE AND SUPPORTIVE ENVIRONMENT, TO LOOK AT THEIR BEHAVIORS WITH RESPECT TO THE USAGE OF INJECTION SPEED. HOW IT PUTS THEM AT RISK FOR CONTRACTING HIV, OR RE-INFECTION WITH ANOTHER STRAIN, OR A MUTATION OF HIV.
- MEN WHO PARTICIPATE IN THIS GROUP ARE EXPECTED, IN A SAFE AND SUPPORTIVE ENVIRONMENT, TO LOOK AT THEIR BEHAVIORS WITH RESPECT TO UN-SAFE SEXUAL PRACTICES. HOW THESE BEHAVIORS PUT THEM AT RISK FOR CONTRACTING HIV, OR RE-INFECTION WITH ANOTHER STRAIN, OR A MUTATION OF HIV.
- EACH MAN WHO PARTICIPATES IN THE GROUP WILL BE EXPECTED, IN A SAFE AND SUPPORTIVE ENVIRONMEN, TO DEVELOP HIS OWN BEHAVIOR CHANGE/ RISK REDUCTION PLAN.
- EACH MAN WHO PARTICIPATES IN THE GROUP WILL BE EXPECTED, IN A SAFE AND SUPPORTIVE ENVIRONMENT, TO INCORPORATE NEW BEHAVIORS INTO THEIR DAILY LIVES THAT WILL ALLOW THEM TO ACHIEVE THEIR BEHAVIOR CHANGE / RISK REDUCTION PLAN GOAL.
- MEN WHO PARTICIPATE IN THIS GROUP WILL BE ABLE TO TALK ABOUT ISSUES, BARRIERS, IN THEIR LIVES THAT HINDER THEM FROM MAINTAINING A SAFER AND HEALTHIER LIFE STYLE, AND OTHER ISSUES AND ACTIVITIES THAT PUT THEM AT RISK.
- Men who participate in this group will be able to exchange opinions on speed injection usage, un-safe vs safer sex, HIV / AIDS, re-infection & mutation of HIV. Sexual drive, intimacy (the need for), relationship development & maintenance. The concepts of: "So many men / So little time," "San Francisco the land of plenty," and "How the mass media keeps Gay & Bi-sexual men at risk for contracting HIV and re-infection of men who are living with HIV / AIDS.